

# 秦皇岛泰盛健瑞仕国际康复中心

## ——创建中国康复养老新典范

秦皇岛泰盛健瑞仕国际康复中心（以下简称“康复中心”）由秦皇岛经济技术开发区与美国 GRS 康复服务集团（Genesis Rehabilitation Services）合作建立，中国国际投资促进会引进并参与项目推进。

康复中心位于河北省秦皇岛经济技术开发区，计划开设 174 张床位，具有短期住宿设施，为个人提供手术、疾病或意外受伤后的有效康复治疗。这是第一家将国际化康复理念与中国本土化特色相结合的康复中心，将为中国康复患者建立一套新的护理和服务标准。未来，康复中心将打造为全国康复养老一体化示范中心，供国内外有关机构观摩和教学。

康复中心在设计上考虑创建患者的舒适性和主动参与性。174 张床位均设为私人单间；用于物理、行为、言语和呼吸治疗的特殊康复设备，包括用于水中治疗的水力按摩池，为睡眠呼吸暂停、无创通气、CPAP 以及肺部其他护理方案所需的呼吸治疗设备等，均从美国进口，能跟踪患者在不同阶段的康复疗效，并将中国患者的疗效同美国和世界其他国家的疗效进行对比，确保每一位患者都能享受世界顶尖级的康复医疗服务；餐饮服务、礼宾服务、购物商店和室外步行小径等优秀酒店级别的设施，将为患者创造一个能与家人一起的，轻松、乐观、舒适和高品质的康复环境。

在康复中心，患者将根据循证医学的结果，接受每天长达两个小时的护理，以及资深康复专家的治疗训练，以达到最佳恢复效果。康复中心全体员工都将接受美国 GRS 康复服务集团的专业培训，部分员工还将赴美国接受深度培训。康复中心包括医师、护士、健康教练和营养专家等在内的每一名员工，都将共同为患者及其家庭设计个性化的康复护理方案，竭诚提供最优质的治疗、训练、教育和培训等服务。

此外，康复中心还将在建立国际老龄创新中心。作为外方管理运营机构，美国 GRS 康复服务集团是国际老龄化创新组织 Aging2.0 的核心创始成员之一，是引领该行业的国际领导者。创新中心将致力于为中国带来国际先进的行业洞察力，帮助加快创新、创意和技术进步，包括通过远程康复方式来改善老年人的生活。同时，美国 GRS 康复服务集团与美国众多医院有良好的合作关系，如约翰霍普金斯（Johns Hopkins）医院等，这些合作医院将不定期来华或远程提供教学研讨会、会议和医学咨询服务。

## **Qinhuangdao Taisheng-GRS International Rehabilitation Center**

### **----- *A NEW MODEL OF HEALTHCARE FOR CHINA***

With the promotion of China Council for International Investment Promotion (CCIIP), GRS Health Services has worked with Qinhuangdao Economic & Technology Development Zone to open a 174-bed Spring of Power Rehabilitation Center in Qinhuangdao, Hebei Province, China. The Spring of Power Center is a short-term stay facility designed to provide rehabilitation therapy for individuals recovering from a surgery, illness or accident. This is the first center of its kind in the world blending Western rehabilitation and the localization of China to create a new standard in care and services for rehabilitation patients. This location will be used for international recognition, observation and teaching for others throughout the world.

The Spring of Power center will also have an Innovation Center located on the ground floor of the center. GRS (a division of Genesis HealthCare) is leading the industry in commitment to innovation. Genesis is a founding member of the Aging 2.0 Leaders Circle and is committed to helping China bring unparalleled industry insight to accelerate innovation, creativity and advancement of technology, including Tele Rehabilitation to improve the lives of older adults around the world.

The center was designed with regard to creating an environment of positive energy for positive outcomes, optimism, comfort and high quality customer service in a beautiful setting. The center has 174 private rooms, upscale amenities including hotel like food service, concierge services, general store, and numerous outside areas and walking paths that allow the customers and their families to spend time together in relaxing setting while recovering from a surgery, illness or accident.

The center's specialized rehabilitation equipment for Physical, Occupational, Speech and Respiratory Therapy will be imported from the United States including the Hydro works pool for Aquatic therapy and respiratory equipment for respiratory therapy including sleep apnea BiPAP, CPAP and other pulmonary care programs. The equipment will allow us and the patients to track outcomes and efficacy of the rehabilitation that was delivered. Comparing the outcomes in China against the United States and world standards to ensure the best healthcare in the world.

To achieve these goals, patients will receive up to two hours of rehabilitation therapy from compassionate and highly skilled rehabilitation specialists, using evidence based medicine. All the staff will be trained by GRS Health Services with some of the employees coming to the United States for training. GRS also has many relationships with United States hospitals, like Johns Hopkins, that have ability to come to or via tele health to China and Qinhuangdao to provide educational seminars, sessions and consultations. These rehabilitation staff are part of a team that includes physicians, nurses, health coaches, and nutritionists, all working together with patients and their families to develop an individualized plan of care, provide education, training, great service and produce great outcomes for the patients and their family.